

South Abington Woods II
Newsletter April 2025

Just a Friendly Reminder



POA Dues

The 2nd quarter POA dues are due April 1st.

Payments must be received on or before April 10th to avoid a penalty charge.

Oh, How the Wind Blows

A reminder that all trash cans must have a cover.

The wind blows frequently here, and trash scatters throughout the neighborhood when trash bins are not covered and secured.

Replacement covers for recycle bins are available from the property manager Brad Jones
bradj@preferredmanagement.org

Holiday delayed trash pickup reminder:

Memorial Day, Monday, May 26 Trash pickup, Saturday, May 31

July 4th, Friday Trash pickup, Saturday, July 5

Free

First come, first served.

The DiMatteo's replaced their living room and dining room window blinds and are offering them for free.

The DiMatteo's live in an end unit.

Contact Mary at maryldimatteo@gmail.com 570-904-0301

Community Projects

- ❖ New drainage will be installed near units 46 and 54 as soon as weather permits.
- ❖ We are in the initial planning stages and soliciting proposals to install safety fencing behind units 79 -131.
- ❖ All driveways will be seal coated (and cracks sealed) as soon as weather permits. Timing and details will be communicated.
- ❖ A unit painting schedule will also be communicated as soon as it is available.
- ❖ Work to improve the two large berms on Country Club Road will begin soon.
- ❖ The ornamental trees that were damaged in last year's snowstorm in front of the Country Club Road units will be trimmed in hopes of saving them.
- ❖ A long-term plan will be developed to address the aging landscaping.
- ❖ A cost savings project is being considered to replace mulch in the large berms with ground cover.



Landscape Committee

Now that Spring is here, the Landscaping Committee is making plans for 2025.

Spring clean-up and mulching were completed by AOS.

We have contracted with TruGreen for our fertilizer, weed control, etc. The first early spring application will be performed within the next few weeks.

Plans have been made for work to be done on the Country Club Road berms next to units 1 and 2.

Pruning and trimming will be done to alleviate the overcrowding of trees and shrubs. Special attention will be given to the very large trees which are spilling over the power lines and wrapping around the 2 poles.



Margaret, Dorothy, Maryann

Social News

I held an open house in February which was enjoyed by all who attended. Unfortunately, none of the new residents were there. Therefore, in April there will be a social for our newest neighbors. Sometimes this is like herding cats but once they arrive it's all worth it!!

Sometime in May, Joe will hold a Corn Hole Tournament. He'll pick a coming day where good weather is predicted. All residents are welcome to this.

As spring arrives, hopefully so will Manning's Ice Cream Truck.

Ruth



South Abington Twp. Board of Supervisors Meeting 2025 Schedule

104 Shady Lane Road
South Abington Township, PA 18411 (second floor)

Many residents are expressing concern about the condition of Country Club Road and the lack of lighting on the road. Attending the township Supervisors meeting and voicing your concerns will continue to bring attention to these issues.

Following is this year’s meeting schedule:

Monday, April 14, 2025	12:00 – 1:00 p.m.
Monday, May 12, 2025	12:00 – 1:00 p.m.
Monday, June 9, 2025	12:00 - 1:00 p.m.
Monday, July 14, 2025	12:00 – 1:00 p.m.
Monday, August 11, 2025	12:00 – 1:00 p.m.
Monday, September 8, 2025	12:00 – 1:00 p.m.
Monday, October 13, 2025	6:30 - 7:30 p.m.
Monday, November 10, 2025	6:30 – 7:30 p.m.
Monday, December 8, 2025	6:30 – 7:30 p.m.

Be sure to check their [calendar](#) before going to a meeting as the schedule may change.

Seniors Learning Tech Skills at Library With Free Weekly Classes

The Taylor Community Library offers technology tutoring for senior citizens.

Whether you need help understanding your computer, learning how to use your cell phone or navigating your tablet, the senior tech tutoring program at the Taylor Community Library is helping adults become more tech-savvy.

The program is run by the United Way of Lackawanna, Wayne and Pike counties.

Organizer Mike Castellano says it started in October to address the technology issues and hurdles that older adults face.

"Things like Zoom, Facebook, email and texting we often take for granted how big of a hurdle it can be for someone to use that technology. That's where tech tutoring was really developed." Castellano said.

The program gives seniors an opportunity for one-on-one technology training. It's held every Thursday afternoon from 3-5 at the Taylor Community Library.

"There's no 'cool club' feel to it. Anybody is welcome, older adults over the age of 55 or even family members or relatives of older adults who want to bring their older adult with them." Castellano said.

The program is free and open to the public. Seniors should bring their electronic devices and any questions they might have.

Register by calling
(570)-562-1234.

Source: Nikki Krize Newswatch 16



Stop Heel Pain

Stretching the calf and Achilles tendon a few times each day can help alleviate both Achilles tendinitis and plantar fasciitis. Because pain can be worse first thing in the morning, do this stretch before you get out of bed. Place a towel, belt or strap around the ball of the foot. With your leg straight, gently pull your toes toward you and hold for 15 seconds.

To ease pain caused by plantar fasciitis, roll a golf ball up and down the arch of the foot and along the sides to loosen the tight tissues. Rolling a frozen water bottle under your foot's arch for 10 to 15 minutes a few times throughout the day will also relieve discomfort.



Heel Spur Exercises



Big toe stretch



Squat calf stretch
against the wall



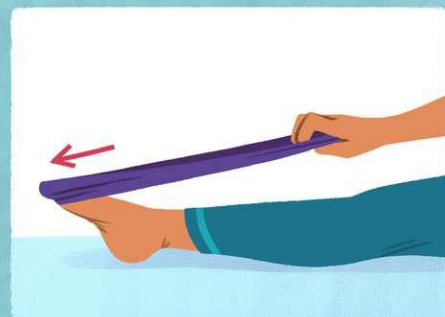
Seated calf stretch
with a towel



Downward dog
pedals



Golf ball foot roll



Plantar flexion with
resistance band



EVERHART MUSEUM
NATURAL HISTORY. SCIENCE. ART.
est 1908

[A New Path to the Waterfall](#)

Follow the link to learn more



When a show wins six Tony awards and three Olivier Awards, it's a pretty good sign that it's a show well worth seeing. It turns out *Dear Evan Hansen* absolutely does live up to the hype – it's an important show with a lot to say about our world, and it's a very modern story told beautifully.

The show that swept the awards...

Including some of the most iconic musical theatre songs from the last decade, including “You Will Be Found,” “Waving Through A Window,” and “For Forever,” *DEAR EVAN HANSEN* features an uplifting score by the Tony®, Grammy®, and Oscar® winning team behind *The Greatest Showman* and *La La Land*, Benj Pasek and Justin Paul, and a book by Tony Award-winner Steven Levenson.

[Tickets – Times](#)

Tickets going fast

[Top](#)



First Friday Scranton serves as a conduit to artists, connecting them to prospective venues, art lovers seeking entertainment, and venues looking to attract new customers.

For over 10 years First Friday Scranton has been a foundational event fostering growth and supporting local businesses and the arts in Downtown Scranton.

First Friday Scranton features a wide variety of cultural events found in some of the city's best restaurants and cafes, as well as galleries, boutiques, and other small businesses.

All events associated with First Friday Scranton take place from 5:00 – 9:00 p.m. in a walk-able, close-knit footprint, though a trolley bus is available to provide shuttle service at designated stops.

Enjoy an evening of entertainment and a dinner buffet. Featuring two magicians and four comedians:

Damian the Magician

Joseph Larosa

Teri Granahan

Chef Kawasaki

Matt Catanzaro

Taury Seward

Dinner and Show Ticket: \$48 per person

Call 570-536-6020 for tickets

DATE

April 05

TIME

5:30 pm - 10:00 pm

LOCATION

Gravity Hall at Hotel Anthracite
25 South Main St Carbondale, PA

Spring Treats



[Citrus Cheesecake](#)



[Apple Cake for Passover](#)



[Peeps Sunflower Cake](#)



[Simple Lemon Mousse](#)



[Strawberry Cookie Cups](#)



[Grand Marnier Frozen Souffles](#)

Spring Equinox

In the Northern Hemisphere, the spring equinox (also called the **March equinox** or **vernal equinox** across the globe) occurs when the Sun crosses the celestial equator going south to north. It's called the *celestial equator* because it's an imaginary line in the sky above Earth's equator. Imagine standing on the equator; the Sun would pass directly overhead on its way north.

On the March equinox, the Northern Hemisphere and Southern Hemisphere receive roughly equal amounts of sunlight; neither hemisphere is tilted more toward or away from the Sun than the other.

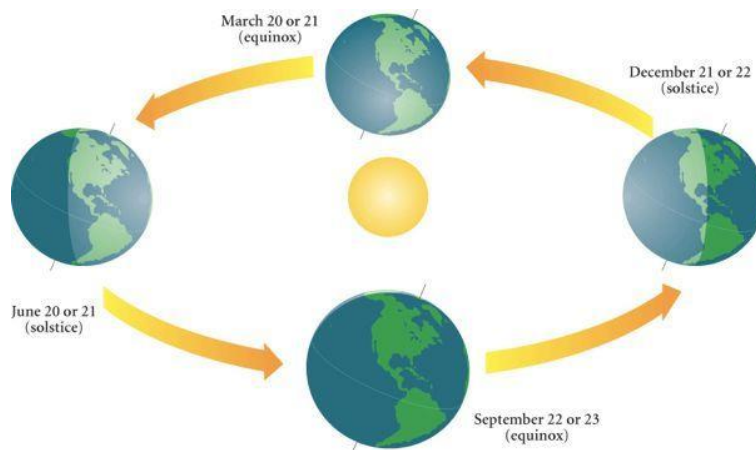
Although in most locations (the North Pole and the equator being exceptions), the amount of daylight had been increasing each day after the winter solstice—and after the spring equinox, many places will experience more daylight than darkness in each 24-hour day. The amount of daylight each day will continue to increase until the summer solstice (in June) when the longest period of daylight occurs.

Here's an interesting fact: Equinoxes are the only two times yearly that the Sun rises due east and sets due west for all of us on Earth! While the Sun passes overhead, the tilt of Earth is zero relative to the Sun, which means that Earth's axis neither points toward nor away from the Sun. (Note, however, that Earth never orbits upright but is always tilted on its axis by about 23.5 degrees.)

The word *equinox* comes from the Latin words for “equal night”—*aqueous* (equal) and *nox* (night). On the equinox, the length of day and night is nearly equal in all parts of the world.

Astronomically speaking, the first day of spring is marked by the spring equinox, which falls on **March 19, 20, or 21**. The equinox happens at the exact moment worldwide, although our clock times reflect a different time zone. And, as mentioned above, this date only signals spring's beginning in the Northern Hemisphere; it announces fall's arrival in the Southern Hemisphere.

Interestingly, due to time zone differences, there hasn't been a March 21 equinox in mainland United States during the entire 21st century! We won't see a March 21 equinox again until 2101.





Police calls are handled through the Lackawanna County Communications Center. When dialing 911 for emergencies or 342-9111 for non-emergencies, it is imperative that you inform the dispatcher that you reside in South Abington Township.

The Department operates 24 hours a day and provides basic ambulance service for our area.

Full time staff are present from 8 AM through 4 PM, Monday through Friday. The telephone number for direct access is 570-587-8715. The police fax number is 570-586-4342.

South Abington Township Police Department, along with the Lackawanna County District Attorney's Office, sponsors a Prescription Drug Drop Off Box, located in the Township Building's lobby at 104 Shady Lane Road, Chinchilla.

[Website](#)



Chinchilla Hose Company of South Abington Twp. PA

113 Shady Lane Rd
PO Box 311, Chinchilla, PA 18410

Non-Emergency: 570-586-5726
Emergency: 911

[Website](#)



Lehigh Valley Hospital

330 Main Street
Dickson City, PA 18519-1691
570-330-5000

[Website](#)

Geisinger Community Medical Center

Main: 570-703-8000

1800 Mulberry St, Scranton, PA 18510
570-703-8000

[Website](#)



Moses Taylor Hospital

700 Quincy Ave, Scranton, PA 18510
570-770-5000

[Website](#)

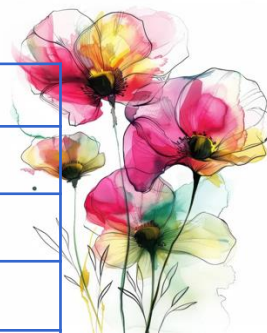
Regional Hospital of Scranton

746 Jefferson Ave, Scranton, PA 18510
570-770-3000

[Website](#)

South Abington Woods II POA Executive Board

Lorraine Rosenberry	Chairperson
Jim Specht	Secretary
Jeanette Stauffer	Treasurer
Joe Cognetti	
Margaret McNulty	
Eugene McNamara	
POA Executive Board Email	poaexecutiveboard@gmail.com
South Abington Woods II Website	www.sawp2poa.com



Preferred Management Associates

Brad Jones	bradj@preferredmanagement.org
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South Abington Woods II POA Committee Chairpersons

Landscaping	Margaret McNulty
Snow Removal	Joe Cognetti
Newsletter	Lorraine Rosenberry

POA Executive Board Mission Statement

The mission of the South Abington Woods Phase II Property Owners Association Executive Board is to:

- Preserve, protect and enhance the quality of life and sense of community through efficient and cost-effective management of the Association.
- Enforce covenants, by-laws, conditions and restrictions, designed to preserve and enhance property values and the common environment, in a fair and ethical manner.

Adopted May 12, 2021

